

Creation of Works: Using Drama to Develop Quality of Life in Terms of Health, Society, and the Environment, on The Issue of Teenage: Online Love

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ABSTRACT

This study explores the development and impact of a country musical drama addressing adolescent issues. The performance aimed to foster understanding between teenagers and adults through traditional Thai melodies in country songs, accompanied by a brass band. The script, developed with a psychologist's input, was designed for academic rigor, and necessary song copyrights were secured for legal compliance. The performance was recorded and published online to reach a wider audience. To assess effectiveness, 88 participants aged 18 and above were evaluated before and after viewing the performance. Before viewing, participants had an average comprehension score of 5.73 (median = 6/10), with scores ranging from 0 to 10. After watching, the average score significantly increased to 8.78 (median = 9/10), with scores ranging from 6 to 10, indicating a significant improvement in understanding. The study concludes that the musical drama effectively communicated complex social and generational issues, achieving its goal of promoting awareness and understanding. The performance's success highlights its potential as an educational tool and platform for fostering social awareness, with implications for future academic and social development projects.

Keywords: Drama, Quality of life development, Health, Society, Environment

INTRODUCTION

This research aims to create a drama performance to provide knowledge to youth groups and the general public during COVID-19. The performance featured a brass band to provide knowledge and awareness to those interested in issues related to teenagers in society, due to changes in the economy and urban society. In addition, adolescence is a turning point in growth with physical, mental and emotional changes, causing teenagers to experience many problems, such as problems in the needs of teenagers who need personal space and independence, problems with love during school age, and problems of understanding between parents and teenagers who do not understand each other in the family. And with the current COVID-19 situation being quite severe, online communication is an important component. In terms of online media today, it is considered a medium for providing knowledge to the general public. Online media is something that people today cannot

avoid. In this issue, the researcher focuses on 3 issues: Issue 1) Reducing the generation gap. The researcher raised 3 main issues: the needs of teenagers, independence, and personality in adolescence, love during school age and university age. and trust between parents and teenagers, Topic 2) the issue of COVID-19 (COVID-19) and Topic 3) communication and learning online media. The researcher therefore used these three issues to create a performance research project to make the audience aware, learn and understand the COVID-19 crisis (COVID-19) and the adaptation of youth to create a better quality of life during the COVID-19 (COVID-19) event (COVID-19) and after COVID-19 (COVID-19).

The media through the performance of country music with a brass band will have the characteristics of a musical drama. Here, the researcher chose to use traditional Thai songs with a brass band, emphasizing fun and joy, but also containing knowledge, learning, and adapting to the COVID-19 situation. Creating a musical drama that the performers sing themselves requires advanced acting skills in both singing and acting as an important foundation. It is also a continuation of knowledge in the performing of musical dramas or musicals that have been popular since the late reign of King Rama VI.

In creating this performance, there is a collaboration between performing arts (drama) and health science (psychology). We received cooperation from Associate Professor Dr. Sitthiphong Wattananon (Developmental Psychology), Faculty of Humanities, Srinakharinwirot University, who provided information and reviewed the content.

The researcher is interested in creating a musical performance to provide knowledge on living together in society between teenagers and parents, including allowing youth and the general public to adapt and learn to the COVID-19 situation and the current threats that occur to live in society and to preserve the musical performance format and disseminate knowledge to youth to develop a better quality of life as a guideline for further national development.

Objectives

This work creates educational drama performances for youth and the general public during COVID-19.

Scope of Work

1. Create a drama to educate the youth and the general public about the content of adapting to the COVID-19 situation.
2. Create a drama to educate the youth and the general public by taking approximately 1 hour to perform.

METHODOLOGY

Study Data, Compile, and Create a Script

In this process, the researcher studies data on the elderly from research, and academic documents, and exchanges opinions with experts and the main informant, Associate Professor Dr. Sitthiphong Wattananontsakul (Developmental Psychology), Faculty of Humanities, Srinakharinwirot University. Then, the data is developed into a storyline and a script.

1. Include Drama Songs in the Script According to the Traditions and Customs of Musical Theater Performances.

In this process, the creator includes musical theater songs inherited from Khru Sutjit Duriyapranee, a national artist who is a role model for singing in musical theater performances. The creator had the opportunity to study and receive many songs and stories from her when she was still alive.

2. Check the Content Information by Experts in Academic Content, the Script to be used to Communicate the Performance.

When the creator has finished creating the script and including the songs for the performance, it is sent to experts in content, Associate Professor Dr. Sitthiphong Wattananontsakul (Developmental Psychology), Faculty of Humanities, Srinakharinwirot University and Professor Pharmacist Dr. Piti Chanvorachot, Lecturer, Department of Anatomy, Faculty of Pharmacy, Chulalongkorn University, to check the data for accuracy in communication for the performance again before putting it on display.

3. Practice Brass Band for Performance

When the script is complete for use in the performance, the creator selects musicians to understand the song and adjusts the Piphat band for the performance.

4. Select Actors and Rehearse the Performance

Selecting actors is a process in which the creator of the script and the team consider actors and character traits at the same time. Importantly, the actors must have beautiful voices and a good foundation in singing traditional Thai songs and acting. Then, the actors are selected and an appointment is made for singing

rehearsals.

5. Rehearsal of the performance by scene and rehearsal of the story

The creator of the performance rehearses each scene with the band and make an appointment to rehearse the story to be ready for the performance.

6. Design of costumes, scenes, and equipment for the performance

The costumes, scenes, and equipment for the performance are creations carried out along with the plot planning and character determination to be appropriate for the situation, era, and the actors.

7. Organizing the performance

This process is a management that requires details about the venue, date and time, and audience, as well as the management of the story, stage, scenes, lights and sound, and various elements of the performance, which is explained in detail in the management process later.

8. Recording data on the performance

This is the preparation of a book that systematically explains the steps of creating the work through research to serve as evidence of recording knowledge and creating the work.

9. Summarizing the results of the performance

This is the step of evaluating the performance and summarizing the research results for further academic benefits.

Samples/Research Participants

The researcher conducted data verification and evaluation using a questionnaire designed by Associate Professor Dr. Sitthiphong Wattananonsakul (Developmental Psychology), Faculty of Humanities, Srinakharinwirot University and submitted the questionnaire online via Google Forms. which passed the research ethics certification from Chulalongkorn University on February 18, 2022, and the researcher coordinated with Asst. Prof. Dr. Phuritha Ruangchirayot, Lecturer of the Drama Researcher Network, Department of Performing Arts, Faculty of Humanities, Naresuan University, to send data to students in the Performing Arts program to try the questionnaire and a group of undergraduate and graduate students, Department of Drama, Faculty of Fine and Applied Arts, Chulalongkorn University, totaling 99 people.

Expected Outcomes

This learning creation for dissemination is expected to be a part that enables youth and the general public to adapt to learning, reduce the generation gap and learning, adapt to the COVID-19 situation, and develop themselves with quality through the creative research process.

The Procedure of Performance Creation

Plot Planning: The researcher has planned the plot of the performance together with Professor Pradit Prasartthong, a Silpathorn artist, in creating the script. The key points in selecting the story to present on the topic of “Teenagers at the Strongest Day” are as follows:

- The story of teenagers and adults who are a generation gap, focusing on the issues of teenagers, love during school age, and teenagers who have a high need for privacy, and understanding of teenagers and parents, which are significant issues in teenagers.
- The issue of the spread of the COVID-19 virus, using the topic of how to stay away from the dangers of COVID-19 by keeping a distance, wearing a mask, and washing hands frequently with soap or alcohol gel to kill germs.
- Online learning, in terms of the spread of the COVID-19 virus, online learning is also important.

The Plot: The researcher has determined the plot, scenes, and characters, and has planned the plot for the performance of the drama “Teenagers at the Strongest Day” with the following details:

Ann is a teenager who has a conflict with her mother, Jiranun, causing the two to quarrel and argue frequently due to misunderstandings. When the COVID-19 outbreak occurred, the government issued control measures including the requirement to adjust teaching in educational institutions to be online in some subjects, causing Ann and First, a male friend from the same university, to have to consult each other closely about their learning problems, causing Jiranun, Ann's mother, to be even more suspicious that her daughter will be obsessed with her affairs and become an obstacle to her studies. Things got out of hand when Jiranun's mother secretly went to watch her daughter at the university. But in the end, everyone learned that we cannot judge others from our familiar perspectives only. And when the COVID-19 situation passes, many things will never be the same. What we need to realize is to understand people and the situations around us to be ready for the changes.

Composition Professor Pradit Prasartthong started composing the composition with the researcher in May 2020 and developed the composition for the first time in October 2020. However, the COVID-19 pandemic caused

the operation to stop for 6 months, and returned to create the composition for the second time. In the first composition, the researcher intended to use it in a theater or on stage according to the specified requirements. However, when the National Research Council called a meeting, the researcher consulted and informed about the impact and problems that occurred during the COVID-19 pandemic, resulting in the adjustment of the composition and the script to be consistent with the current situation by changing the performance format from a theater or on stage to a theater as specified in the requirements and switching to an online performance format. Therefore, the researcher had to adjust the composition for the second time to be consistent with and respond to the online performance format by recording a video clip in a studio. This time, Assoc. Prof. Dr. Sitthiphong Wattananonsakul, Department of Developmental Psychology, Faculty of Humanities Srinakharinwirot University, has provided cooperation, assistance, and adjustments in psychology. Professor Pharmacist Dr. Piti Chanvorachot has provided cooperation and advice on revising the script to be more concise, using the period from August to October 2021. Therefore, the script was revised for the second time and completed successfully. Then, the drama was filmed in video format to be put online in October 2021.

The researcher has included ancient songs and adapted them to fit the story, emphasizing the melody of Country songs. The music will be a brass band, which may be adjusted faster or slower. The researcher wants this performance song to convey a fun story and have important ideas embedded in it to make it easier for the audience to access the story. The meaning and significance of the songs used, the researcher presents them in the following order:

Mother-Child Song (Love Across the Canal Melody)

Meaning of the Melody of Love Across the Canal “Sung by Rakchat Sirichai Lyrics and Melody Suchart Thianthong From the success of the song “Chantana Tee Rak” which had a huge sales volume in 1976, Khru Suchart Thianthong emphasized the popularity of Rakchat Sirichai with the song “Love Across the Canal” which was just as popular. Love Across the Canal is a fun song that tells the story of a house by the canal. The young man and the young woman in the song are opposite. The young man sings the song to flirt with the girl in a cute and lively way. But if you listen carefully to the lyrics, you might even laugh when the young man sings to flirt with the girl, “Your house is on that side. My house is on this side. Even if you are kind, swim to me. Hmm, try to see. Cross the canal to love each other, love each other.”

In the song Love Across the Canal Melody, the researcher contacted the song's owner, Mr. Suchart Thianthong, to request the copyright of the song to comply with the law and have a contract document for requesting the copyright of the song correctly.

Waifai and Wathong Song (Lao Siang Thian melody)

Lao Siang Thian songs are traditional Thai songs that are most popularly adapted into Thai pop songs, including two-tiered, main, and three-tiered rhythms. As far as we have collected, 27 Luk Krung and Country songs have been adapted from Lao Siang Thian songs, 10 of which have been named after the melody “Lao Siang Thian.”

Lao Siang Thian songs are traditional Thai songs with unknown composers that have existed since ancient times. The researcher designed the composition to be a dialogue between the mother and the child characters. The lyrics are about “short skirts that are too revealing.”

Online Love Songs (Burmese Melody)

Burmese songs are converted into Thai songs with Burmese accents, two-tiered rhythms, one section, composed by Mom Luang Tuan Sri Voravan during the reign of King Rama V. Later, the Burmese melody was adapted into Thai pop songs. The Burmese song is converted into Thai songs with Burmese accents, two-tiered rhythms, one section, composed by Mom Luang Tuan Sri Voravan during the reign of King Rama V by adapting the melody from the Mon Pleang song. By composing it as a song in Burmese dialect and renaming it Matabae, it is played when the heroine is sad. However, people generally call this song Burmese-translated. Later, Assoc. Prof. Dr. Uthit Naksawasdi composed a two-tiered Burmese-translated song, expanded it into a three-tiered tempo, and cut it down to a single tier to complete the Thao song. Burmese-translated song is a song with a sweet melody and is a traditional Thai song. The author is unknown. The researcher inserted the melody into the composition where the heroine and hero characters sing together and are in a pair. The intention is to show that the heroine character secretly likes the hero character through social media, which is a YouTuber. The researcher wanted to convey the beauty and sweetness, so he included the Burmese-translated song in the composition in this scene.

Song: The World Has Changed (Fast Melody)

Fast melody or Mae Won Luk is an ancient melody. The composer is unknown. In the performance, it is used for dancing and is called a “fast song”.

Khun Mae-Khun Luk Song (Love Across the Canal Melody) The melody of the song Love Across the Canal is designed to be similar to the song Human Mother-Human Child (Love Across the Canal Melody). The researcher wants to show that a mother and child have different ideas. However, if they can adjust to each other, they will live together happily.

Rap Song

The meaning of the melody of a rap song is a song that is sung in a style similar to spoken words. It has a fast rhythm. The song will mix hip-hop and rap in the song to make it more fun. Currently, more people are interested in this type of music.

Casting Criteria

Once the characters were determined, the researcher and Professor Pradit Prasartthong, a Silpa Thor artist, selected actors according to the specified criteria. In the early stages of the operation, the plan was to select students from the Department of Dance, Faculty of Fine and Applied Arts, Chulalongkorn University, as actors. However, due to the problems arising from the COVID-19 pandemic and the tight timeframe in which the researcher had to complete the work, the criteria had to be revised. Professional actors with basic skills in acting and singing were selected, along with students from the Department of Dance, Faculty of Fine and Applied Arts, Chulalongkorn University, to join the performance.

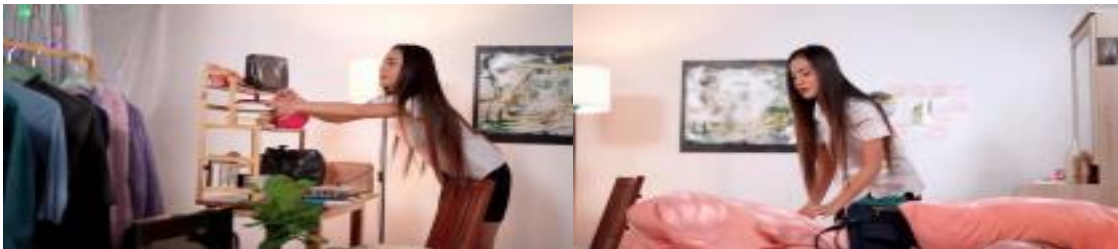
Once the researcher had contacted and selected the actors, a rehearsal appointment was made. However, due to the limited time available and the COVID-19 pandemic, the researcher coordinated and scheduled the rehearsal online. The details of the script and melody were also announced, which Professor Pradit Prasartthong sang as a sample song and allowed the actors to practice as homework. From the appointment, a meeting was scheduled via the system (Zoom) on October 15, 2021 and October 21, 2021.

Musical Drama Performance Entitled Online Love Story "Teenagers, Strong Age"

The researcher designed the performance scene to be divided into 3 scenes:

1. Anne's (daughter's) bedroom scene
2. Teacher's room scene at the university
3. Concert scene.

1. **Bedroom Scene.** The characteristics of this scene are that it will be decorated with furniture, including a bed, dressing table, work table, lamp, and wardrobe, and arranged to feel the atmosphere of a teenage girl's bedroom.



Bedroom Scene
Source: The researcher

2. **Teacher's Room Scene.** The characteristics of this scene are decorated with props to look like a teacher's room, consisting of a desk, a guest desk, and teaching materials placed on the desk.



Teacher's room scene
Source: The researcher

3. **Concert Scene.** The scene will consist of playing with lights of various colors to create a feeling like a folk

song performance. There will be playing with lights, colors, and sounds to create a dazzling, exciting, and fun atmosphere.



Concert Scene

Source: The researcher

Performance Management of the MUSICAL DRAMA ENTITLED ONLINE LOVE show

In the management of the MUSICAL DRAMA ENTITLED ONLINE LOVE show, there is a division of work to create a systematic management system and records, including indicating the status of the participants that they have received a role or position in which part. It is divided into 3 main parts: performance management, welfare management, and document management.

Each part has different duties. And with the situation of the COVID-19 epidemic, it is very important to limit people and control the number of people working. In the rehearsal of the show, the meeting of the actors is reduced by using the method of rehearsing the script through the ZOOM system, setting up a LINE group and distributing the script to the actors, explaining the characters so that the actors can memorize the script before the rehearsal day. By using the method of rehearsing the script through the ZOOM program for 2 days. When the rehearsal is complete, the actors must practice singing each person to meet on the dress rehearsal day before the actual filming day. There is an explanation schedule. In the rehearsal, there must be an ATK test according to disease control regulations. Even though the staff and actors have been tested with ATK, everyone must wear a mask. Throughout the training, the researcher has arranged the training to be within disease control measures.



ATK Testing before Rehearsal

Source: Researcher

CONCLUSION

The researcher conducted data verification and evaluation using a questionnaire designed by Associate Professor Dr. Sitthiphong Wattananonsakul (Developmental Psychology), Faculty of Humanities, Srinakharinwirot University, and sent the questionnaire data online via Google Forms. which passed the research ethics certification from Chulalongkorn University on February 18, 2022 and the researcher coordinated with Asst. Prof. Dr. Phuritha Ruangchirayot, Lecturer of the Drama Researcher Network, Department of Performing Arts, Faculty of Humanities, Naresuan University, to send data to students in the Performing Arts program to try the questionnaire and a group of undergraduate and graduate students, Department of Dance, Faculty of Fine Arts, Chulalongkorn University, totaling 99 people. The results are as follows:

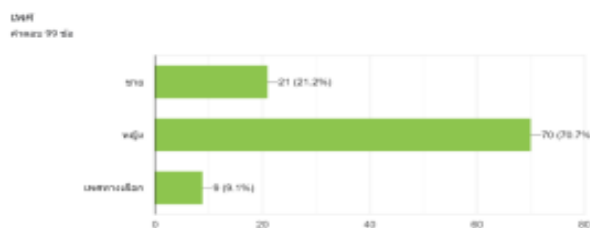


Chart 1: Chart showing the number of project participants

Source: Researcher

Table 1 shows the number and percentage of samples classified by study.

Age	Frequency	Percent
Below Bachelor's Degree	8	8.1%
Bachelor's Degree	76	76.8%
Master's Degree	15	15.2%
Total	99	100.1%

It was found that most of the project participants had a bachelor's degree, 76 people, or 78.0 percent, followed by a master's degree, 15 people, or 15.2 percent, and a lower-bachelor's degree, 8 people, or 8.1 percent, totaling 100.1% of 99 people.

Part 2 Knowledge, Expectation Before/After Watching the Show: Love Online Please fill in the answer "True" or "Wrong" in the answer box.

Table 2 shows the number, percentage, and mean before and after watching the performance of Love Online, a project on using drama to develop the quality of life in terms of health, society, and the environment.

Criteria	Mean	Median	Max score	Min score
Before the performance	5.66	6 / 10	10	0
After the performance	8.91	9 / 10	10	6

It was found that the test score level of the performance of the story of Love Online, the project of using drama to develop the quality of life in terms of health, society and the environment, before watching the performance, had an average score of 5.66 points, 99 people, a median of 6/10 points, the highest score that the project participants got was 10 points, and the lowest score that the project participants got was 0 points.

And after watching the performance, the average score was 8.9 points, 99 people, a median of 9/10 points, the highest score that the project participants got was 10 points, and the lowest score that the project participants got was 6 points.

It can be seen that before watching the project, the project participants had the lowest score of 0 points, and after watching, the lowest score was 6 points, which shows the understanding of the project participants that clearly answered the objectives of bringing knowledge about teenagers to the stage and was able to achieve the objectives.

DISCUSSION

The project on using drama to develop the quality of life in terms of health, society and the environment encountered problems in the initial phase of the project implementation due to the COVID-19 pandemic, causing the researcher to delay the creation of the work and the collection of data to create a drama performance, which was difficult. The researcher presented the progress and requested an extension of the research period due to obstacles in going to the field and the law prohibiting gatherings and organizing performances. When the situation eased, the research was driven to accelerate the creation of the performance, adjusting various plans to be consistent with the limited and urgent situation.

The researcher set the original plan format to be performed in a theater with an audience. But when the situation changed, every project had to adapt, learn and create new performances to meet the needs and have a process to check the information from the target group as much as possible. The process was adjusted as follows:

1. Perform online, record still images and motion pictures for distribution.
2. Adjust the script to be concise, emphasizing communication as much as possible. From the original 1-hour performance on stage with an audience, the performance was reduced to no more than 1 hour to prevent the audience from getting bored.
3. Reduce the number of actors To conveniently enter the studio recording area
4. Learn communication technology, adapt it to performances, techniques, lighting, sound, and various media
5. The work of the director and actors, the team, mostly meet and make an understanding via the online system, ZOOM system
6. Record performances in the studio with a safety protection system according to the measures of the Department of Disease Control, COVID-19 Antigen test kit (ATK), social distancing, and not gathering in large numbers
7. Organize a welfare care system that is proportionate, personal, and does not share things

8. Adjust the work structure of the production of the performance from the original, having to prepare and memorize the script, rehearse the acting cue for 3-4 months for accuracy. From the original performance in the theater, it was adjusted to perform in the studio, taking about 1-2 weeks to memorize the script and perform because it uses editing techniques to help. The filming system is conducive to the actors not having to memorize the script as much. But such techniques also increase the cost of work.
9. Create a Facebook page to communicate to interested groups to access information on the performance page via social media. It is considered a great success with a large number of visitors. Facebook page Using drama to develop quality of life in health, society, and the environment There were 2.14 views as of February 7, 2022, two thousand one hundred and fourteen viewers, not including the number of viewers on YouTube, which recorded each project's performance of no less than 500 views. It is considered that the number of viewers has been increasing steadily. When posted on social media, it is different from the original. The theater performance was limited to less than one hundred viewers per round. It can be seen that technology and access to information have been continuously developed. The creators need to learn to develop their own work and disseminate academic knowledge on online media. Even the performance program, the creators put the information online. They do not have to print it in the same form as before, which saves space in document storage.
10. Suggestions from website visitors and online academic components The creators have a process for checking the performance data in the questionnaire to evaluate the results of viewing the creative performances. Most of the target audience responded to the evaluation questionnaire and were satisfied that the performances they watched provided knowledge and created good understanding. The overall creation of this project meets the creative process, communicating knowledge to viewers to understand and be aware of social problems through the dramatic process. The problem of online signals in the online academic format is considered something beyond control. Internet signal Facebook system signal



Figure 3: Page image showing the number of visitors to the Facebook page on the use of drama to develop quality of life in terms of health, society, and the environment. **Source:** Facebook page on the use of drama to develop quality of life in terms of health, society, and the environment.

The Country musical drama, *Love Online*, is a collaborative creative work between the performing arts and health sciences and psychology. It aims to provide knowledge and understanding about the age gap between teenagers and adults, which has issues of misunderstanding, parents often do not understand or trust teenagers, and use themselves as a standard. The thoughts of each age group are not the same, changing according to the social conditions and time. Problems with love during school age, trust in friends, social expression behavior, and the way teenagers dress that conflict with their parents' thoughts are very important to adjust their understanding in order to live together in the family and society happily. In the COVID-19 pandemic situation, keeping a distance, wearing a mask, and washing hands frequently are important. Reduce unnecessary encounters with people. Social communication is one process used for fast communication via the Internet. Teaching and learning often uses the ZOOM program, which requires constant adaptation and learning. The researcher has used this issue to create a script, imagining characters and situations to communicate knowledge and understanding to the audience. The script was revised according to the advice of experts in psychology. The creative process of the performance went through the process of thinking and experimenting, selecting songs with fun melodies based on traditional Thai songs, and playing a brass band. Some songs require permission documents. Uses a country tune, "Love Across the Canal", composed by Suchart Thienthong, which is a fun melody that conveys the meaning of dividing the generation gap. Actors were selected based on the qualities of having good voices, being able to

sing clearly, having time for practice, memorizing lines, and understanding character traits. Performance rehearsals during COVID-19 use online media channels to rehearse lines, read lines, and communicate and understand each other. It is a new dimension in performance management.



Poster image of the Country musical script, Love Online

ACKNOWLEDGMENT

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